



ALL STAR TEAMS

TRAVELING & NON-TRAVELING COMPETITIVE CHEERLEADING



About Us

We are a competitive cheer program located in the Southwest area of Las Vegas, NV. We are extremely excited to compete in this 2023-2024 season!

We believe the self-confidence each athlete will receive from being in this program will help teach teamwork, accountability and hard work. We can only hope to instill good morals, values and champion personalities in every athlete we come across.



CONTACT INFORMATION

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www.LVAcheer.com



About LVA

We want to welcome you to our cheer season here at Las Vegas All Stars. We appreciate you choosing LVA and look forward to working with you for the 2023-2024 season. Here at Las Vegas All Stars we have a place for everyone, ages 3-19 years. We strive to deliver a safe learning environment, while maintaining a fun, competitive feeling. Athletes will work under the direction of certified, background checked and caring coaches who will assist each athlete succeed. It is our goal to encourage a positive sense of self-worth, discipline, teamwork, leadership, and physical strength. All skill levels are welcomed, whether it's just the beginning of your cheer career or you're a season athlete.

LVA is the place for you. In order to provide the highest quality experience for you, the parent, and the athlete. LVA asks that you carefully read through this handbook and adhere to the guidelines set forth. Please feel free to contact us should you have questions.



LVA Staff

Las Vegas All-Stars has an accredited, professionally trained staff is safety certified by the American Association of Cheerleading Coaches and Advisors (AACCA), and the United States All Star Federation (USASF). The coaching team is made up of nationally recognized coaches in cheerleading, tumbling, gymnastics and dance. All LVA staff is background checked, certified in CPR and First Aid.

NOTE FROM OUR OWNERS

Courtney Berg

Going into Season 11 and into our brand new home, I could not be more excited! Our new building will allow more opportunity for all of our athletes and will allow us to launch new programs! This new season is going to be the best one yet!

Colleen Loomis

As we venture into our next season we can't wait for all the new and old faces to be welcomed home in our upgraded space. we are so excited for what this season will bring and the memories we'll create together.

LVA Elite Program

TRAVELING COMPETITION TEAM

12-month Contract
June 23 - May 24

ALL MEMBERS TUITION
\$360

The 1st of EVERY month
for 12 months

UNIFORM COST
(shoes not included)

\$675

DUE BY AUGUST 1, 2023

PRACTICE: 4 hours weekly
+ 1 hour of tumbling

BIRTH YEARS 2004 - 2018

LVA Prep Program

NON-TRAVELING COMPETITION TEAM

12-month Contract
June 23 - May 24

ALL MEMBERS TUITION
\$265

The 1st of EVERY month
for 12 months

UNIFORM COST
(shoes not included)

\$375

DUE BY AUGUST 1, 2023

PRACTICE: 3 hours weekly

BIRTH YEARS 2004 - 2017

LVA Novice Program

NON-TRAVELING PERFORMANCE TEAM

12-month Contract
June 23 - May 24

ALL MEMBERS TUITION
\$195

The 1st of EVERY month
for 12 months

UNIFORM COST
(shoes not included)

\$375

DUE BY AUGUST 1, 2023

PRACTICE: 2 hours weekly

BIRTH YEAR 2008 - 2020

NON TUMBLING TEAM

12-month Contract
June 23 - May 24

ALL MEMBERS TUITION
\$215

The 1st of EVERY month
for 12 months

UNIFORM COST
(shoes not included)

\$300

DUE BY AUGUST 1, 2023

PRACTICE: 3 hours weekly

BIRTH YEAR 2005 & BELOW

SPECIAL NEEDS TEAM

12-month Contract
Jun 23 - May 24

ALL MEMBERS TUITION
\$55

The 1st of EVERY month
for 9 months

UNIFORM COST
(shoes not included)

\$125

DUE BY AUGUST 1, 2023

PRACTICE: 1.5 hours weekly

BIRTH YEAR 2018 & BELOW

WHAT COMES WITH YOUR MONTHLY FEE?

INCLUDED

LVA Registration Fee
Team Practices
Team Cover Up
2 Sports Bras or Tanks
(NOT CHEERABILITIES)
Competition Hair Accessories
Choreography/Competition Music
Competition Registration Fees
Coaches Fees

NOT INCLUDED

USASF Annual Fee
All Travel Expenses
Competition Uniform
Team Shoes
Additional/Optional Merch: Warm
Ups, Team Backpack
Additional Classes or Clinics

Important Info

PAYMENTS

Due on the 1st of every month, late by the 5th and outstanding by the 10th.
*Athlete cannot participate after the 10th if payment has not been made.

ADDITIONAL CLASSES

Classes are not included in your monthly tuition but come as a discounted price as a team member.

PRIVATE LESSONS

Private Lessons are booked directly through the coach.
\$65/hour or \$35/half

BUYOUT FEE

A \$500 buyout fee will be charged to account if contract is broken before end date.

COMMUNICATION

The best form of communication will be the private FB page. Each team will also be assigned a team BAND to communicate in.

CROSS COMPETITOR

An athlete who is on two or three teams and commits to all practices and competitions for the full year.

\$500 or 10 monthly payments of \$50

DISCOUNTS

Sibling Discount: 25% off 2nd Child's Tuition
50% off 3rd Child's Tuition

Pay In Full Discount: 5% off total amount



Important Dates

Independence Day: July 4, 2023

Labor Day: September 4, 2023

Halloween: October 31, 2023

Thanksgiving Break: Nov 22 – 24, 2023

Winter Break: Dec 18, 2023 – Jan 1, 2024

Spring Break: March 11 – 16, 2023

Easter: March 31, 2024

Choreography Camp: July 30 – Aug 6, 2023

Pyramid/Dance Camp: End of August 2023

Season 11 Photoshoot: End of October 2023



WHICH LVA PROGRAM IS THE RIGHT ONE FOR YOU?

Novice

Prep

Elite

Non Tumbling

Cheerabilities

Athlete/Parent Program Policies

RULES & REGULATIONS

- Challenging the coach or person in charge, by a team member or parent will be automatic dismissal.
- Each team member must follow all rules given by coach or person in charge at all times.
- Bullying from a team member or a parent will not be tolerated and will be subject to dismissal.
- No unsupervised tumbling or stunting before, during or after practice on the premises.
- No smoking, vaping, drinking alcohol or drug use on the premises.
- Lying, stealing, foul language or any other negative form of behavior is grounds for dismissal.
- Team members need to adhere to dress code when coming to practice;
 - o Hair must be pulled back from face and tied up with a bow
 - o NO JEWELRY
 - o No bulky hair clips or headbands
- Do not bring NEGATIVITY to practice. Negative comments about our team, members, coaches or parents will not be tolerated and may be subject to suspension or dismissal.
- Each Cheerleader and Parent must realize the manner in which they conduct themselves while representing "LAS VEGAS ALL STARS," directly reflects on the entire squad and coaches.
 - While uniform or team colors are worn, you are representing Las Vegas All Stars, act appropriately.
 - Social Media posts also represent LVA, please post accordingly.

Please understand these rules are put in place for the safety of the athletes, and failure to adhere to them will lead to the athlete being dismissed until the violation is remedied to the coaches' satisfaction.

PRACTICES

Practice is a DROP OFF and PICK UP situation only. Parents are not allowed to sit in during practices.

****NEW THIS YEAR**** A \$10 late fee will be posted on your athlete's account if athlete isn't picked up within 15 minutes of dismissal time.

Please try your best to plan all personal events and extra-curricular activities outside of the practice schedule. Missing practice due to a conflicting practice or rehearsal for another commitment is unacceptable unless prior approval from the coach.

In any instance that practice must be missed, you must notify the coaching staff at least 7 days prior to missed practice by filling out an absence request form. This helps allow the coaching staff to place athletes on accurate teams and performance spots in a routine.

Absence Request forms are available at the gym and online under the "Forms" page at www.LVAcheer.com. The entire form must be turned in to the coach prior to missing practice.

NOTE: Parents, please try to refrain from keeping athletes from practice as a punishment as this only hurts the team as a whole. If an issue arises please communicate with the coach.

Competition season may become hectic which may lead to extended or additional practice times. This is to ensure all athletes are completely ready to perform. We ask that you try your hardest to work with us during these times as we are doing it to better the performance value.

Please keep in mind that missing any practice within TWO WEEKS of an upcoming competition will amount in a \$65 fine.

ACCEPTABLE examples to miss practice

- Severe Illness
- Immediate Family Emergency
- Mandatory school function with prior approval from the coach

UNACCEPTABLE examples to miss practice

- No ride
- Tired/Headache/bad day at school
- Too much homework
- Prior commitment (ex: hanging with friends, mall trips, etc.)

COMPETITIONS

Attendance at all competitions is mandatory by all team members. If there is an EXTREME EMERGENCY that will cause your athlete to miss a competition, please let the coach know immediately so that necessary measures can be taken to re-arrange the routine and prepare the remaining athletes to compete.

****NEW THIS YEAR**** Practice 2 weeks before a competition is MANDATORY. NO EXCUSES.

- o If a practice is missed within the 2 weeks before a competition without getting the coaches approval beforehand,
 - a fine of \$65 will be posted to the athlete's account
 - coaches may or may not move the athlete's position in the routine due to absence.
- o IF AN ATHLETE CANNOT ATTEND A COMPETITION, AND WAS NOT APPROVED 1 MONTH BEFORE COMPETITION, A \$100 FILL IN FEE WILL BE POSTED TO YOUR ACCOUNT.

Competition fees are non-refundable.

- o Whether or not your child competes

Each child and parent is required to maintain good behavior and a level of respect towards all other teams.

- o Derogatory statements or negative behavior made toward the competition or another team will not be tolerated.
- o You may be asked to leave and subject to suspension or dismissal.

Missing a competition without prior approval will be grounds for dismissal.

Your child may be removed from a competition for any of the following reasons.

- o Attendance, Finances, Injury or Attitude

Members need to be appropriately dressed at all competitions (when they arrive and during award ceremony.)

- o Uniform Top/Bottom/Bow (warm ups worn or brought with)
- o NO stomach showing for ANY athletes. Stomach must be covered when not on the performance floor.
- o White "no show" socks
- o Competition Shoes
- o Hair and Makeup done according to coach's previous directions.
- o NO JEWELRY
- o NO COLORED NAIL POLISH (Acrylic Nails in team colors ONLY)

SAFETY

- We will provide the safest environment possible for all children; however All Star Cheerleading is a contact sport. With that being said, neither we nor the gym are responsible for any injury that your child may receive while in our care.
- No unsupervised tumbling or stunting before, during or after practice on premises.
- No candy or gum allowed in gym at any time unless brought by the coaches as a reward for the team.
- Proper attire is mandatory.

SCHOOL AND GRADES

We understand that school is important and we encourage it to be made a priority. Please manage your time accordingly and try to complete any homework assignments prior to any practice times.

Show your coach your STRAIGHT A report card and receive a FREE 30 minute private lesson!

SOCIAL MEDIA

As mentioned previously, you are a representation of LAS VEGAS ALL STARS. Any ill intended posting or malice towards teammates, coaches, parents or other teams on any social media site will not be tolerated. Please be mindful that the public can see any and every social media posting.

Parent Expectations

- Challenging the coach or person in charge by a parent will be automatic dismissal.
- Negative Behavior will not be tolerated.
- To make sure your child is on time and ready for practice on designated practice times.
- Parents are to inform the coach if their child is going to be late or miss practice. Sometimes the children forget such important information as this.
- Parents are to fulfill any financial obligations ON TIME or risk expulsion from our team.
- Parents are to support their children and their children's goals.
- Parents are to hold children accountable for their actions. If there is an issue, encourage your child to talk to the coach, this only enforces and gives your child a sense of being heard and understood.
- Other arrangements need to be made if a parent cannot stay for the duration of the competition with another LVA Family.
- Support the rules and encourage your child to abide by them.
- Parents are to support our coaches. Our coaches have your child's best interest and safety in mind at all times.
- Parents are to stay off the practice mat at ALL TIMES. Unless otherwise stated by the Head coach.
- There will be NO outbursts by the parents tolerated whatsoever. Grounds for dismissal.
- If a parent or child decides to leave the team for any reason before the season is over (May 16, 2024) the parent is responsible for paying a buyout fee of \$500 and the remaining monthly tuition in full at time of departure.

ANY BREAKING OF THESE RULES IS GROUNDS FOR IMMEDIATE DISMISSAL OR SUSPENSION AT THE COACHES' DISCRETION.

Athlete Expectations

- I will be on time to practice and dressed appropriately.
- I promise to give 100% at every practice.
- I will not say "I Can't".
- I will do my personal best to achieve all my goals.
 - o Continual failure to be productive at practice will result in disciplinary action which is subject but not limited to suspension or dismissal. (Talking back, lack of motivation, etc.)
- I am responsible for finding out any information I may have missed.
 - o My parent is not responsible for any assignments my coach gives me.
- I will maintain the highest example of behavior.
- I will respect each other's personal space.
- **BULLYING (physical or verbal) will not be tolerated.**
- I will come to class ready to work and ready to listen to my coaches.
- I am aware of the commitment I will be giving to join a competitive team.
- I am aware of the responsibilities I am taking on by joining a competitive team.
- I am willing to be cooperative and helpful to the coach or any person in charge at all times.
- I am willing to work hard and give 100% at all times.

ANY BREAKING OF THESE RULES IS GROUNDS FOR IMMEDIATE DISMISSAL OR SUSPENSION AT THE COACHES' DISCRETION.

Financial Agreement

This agreement is made and executed this _____ day of _____, 20____, between _____, ("Parent"), who is parent/guardian of _____, and Las Vegas Allstars, LLC.

1. Fees All payments are subject to the fee schedules listed below in 2.1 and 2.2. No athlete will be permitted to compete with an overdue balance. In addition, you will be assessed a \$25 late fee each month that your payment is made more than five (5) days after the due date. In addition, you will be assessed a \$65 late fee if your child misses practice within one week of a competition without prior approval by coach. In addition, you will be assessed a \$65 late fee if your child is late to "Coach Collect Time." I understand there is a BUYOUT FEE of \$500 if contract is broken early.

2. Non Refundable. Any and all fees are not refundable once paid. By signing this contract, you have agreed to be fully responsible for all fees, including without limitation, tuition, competition, equipment, and clothing fees, regardless of whether your gymnast competes or not for any reason; including without limitation, injuries, suspension or dismissal, withdrawal from the team, and/ or dissatisfaction with services.

2.1 Competition Fees. Cheer Expenses/Competition Fees are \$360/month for ELITE Athletes, \$265/month for PREP Athletes, \$195/month for NOVICE Athletes, \$215/month for NON TUMBLING athletes and \$55/month for CHEERABILITIES athletes from June 5th 2023 until May 1st, 2024.

2.2 Services Included.

- Holiday Break and Spring Break Workout Camps
- Meet registrations/ Associated team fees/ Administrative costs
- Equipment fees (basic)
- Any fees associated with competition
- In-house judges
- Additional fees for staff when Coaches are out of town
- Yearly fees for gym and the coaches
- Safety Certifications & Background Checks
- Coaches wages
- Coaches miscellaneous expenses (airfare, hotel accommodations, parking fees, etc.)

2.3 Services Not Included.

- Team Shoes
- Optional or Additional Classes or Items
- Extra Camps or Clinics
- Travel Expenses
- OPTIONAL ITEMS (Team Backpack/Warm-Ups)

2.4 No guarantees about team placement. Team placement is to be determined by merit, and practice teams are not to be considered final.

2.5 Acknowledgement of Receipt of "Athlete/Parent Program Policies" We acknowledge receipt of the Athlete/Parent Program Policies and agree to the policies set forth in said handbook for the gymnast and family. We agree to fulfill all the requirements and financial responsibilities set forth.

_____ Parent/Guardian Initial

2.6 Right to Cancel. The client may terminate this agreement at any time without cause, with notice to Las Vegas All Stars LLC. PLEASE BE ADVISED THAT ANY TERMINATION, REGARDLESS OF TIME, IS NOT SUBJECT TO ANY REFUNDS, INCLUDING WITHOUT LIMITATION, COMPETITION FEES, REGISTRATION FEES, AND EQUIPMENT. Las Vegas All Stars reserves the right to suspend or dismiss from the program entirely any athlete for a violation of the policies in Athlete/Parent Program Policies, or for any athletes with accounts overdue for greater than five (5) days. PLEASE BE ADVISED THAT YOU WILL NOT BE ELIGIBLE FOR A REFUND IF YOUR ATHLETE IS TERMINATED BASED ON A VIOLATION OF THE ATHLETE/PROGRAM PARENT POLICIES

2.7 Right to Collections. I hereby agree to be responsible for any and all costs of collection that may incur as a result of this account being placed with an outside collection agency. This amount may include a fee of up to 100% of the amount assigned for collection. Also, at 2% interest each month or 24% annually. I also agree to be responsible for any attorney fees or court costs that may be awarded by a court of jurisdiction.

Signature of Guardian: _____

Date: _____

Tryout Form

Age Grid for Season 11 - 2023-2024

DIVISION	ELIGIBILITY BY BIRTH YEAR	
TINY NOVICE	2020	2018
TINY	2018	2016
MINI	2017	2014
YOUTH	2016	2011
JUNIOR	2015	2008
SENIOR	2011	6/2004
NON TUMBLING	18+	2008

PLEASE BRING THIS FORM TO TRYOUTS

SATURDAY 6/3/23 — ELITE TRYOUTS

Tiny Tryouts	9a — 10a	(2018 — 2016)
Mini/Youth Tryouts	10a — 1p	(2017 — 2015)
Youth/Junior Tryouts	2p — 5p	(2014 — 2011)
Junior/Senior Tryouts	5p — 8p	(2010 — 6/1/2004)

SUNDAY 6/4/23 — NOVICE/PREP TRYOUTS

Novice/Prep Tryouts	10a — 1p	(2020 — 6/1/2004)
Non Tumbling Tryouts	1p — 3p	(6/1/2004 and below)
Flyer Tryouts	3p — 6p	(ALL AGES)

(FLY ON COACHES — SHOW BODY POSITIONS)

MONDAY 6/5/23 — TEAM REVEAL PARTY

TUESDAY 6/6/23 - SEASON 11 BEGINS

*Coming to your designated birth year tryout, does not guarantee what age group/level you will make

ATHLETE INFORMATION

Athlete Name: _____ Birthday: _____

Guardian Name: _____

Do you have any medical condition that we should know about?

Do you currently cheer for or plan to cheer for your school cheer team? If so, what school?

Have you been an all-star cheerleader in the past? If so, what gym and what level?

I would like to be a cross competitor: YES NO

Which LVA program are you trying out for? NOVICE PREP ELITE Head Coaching staff have final say in where athletes are placed.

I understand and agree to the Athlete/Parent Program Policies GUARDIAN INITIALS _____

I understand and agree to Athlete/Parent Expectations GUARDIAN INITIALS _____

I understand and agree to the Financial Agreement GUARDIAN INITIALS _____

I understand and agree to a Buyout Fee of \$500 for breaking contract GUARDIAN INITIALS _____

Signature of Guardian: _____

Date: _____