



# FULL YEAR PREP

NON - TRAVELING COMPETITIVE CHEERLEADING

## About Us

We are a competitive cheer program located in the Southwest area of Las Vegas, NV. We are extremely excited to compete in this 2022-2023 season and travel to nearby locations!

We believe the self-confidence each athlete will receive from being in this program will help teach teamwork, accountability and hard work. We can only hope to instill good morals, values and champion personalities in every athlete we come across.



## CONTACT INFORMATION

5260 S. Decatur Blvd.  
Las Vegas, NV 89118

Phone: 702-686-3986

Email: [Info@LVallstarcheer.com](mailto:Info@LVallstarcheer.com)

IG: @LasVegasAllStars

FB Page: LVA Cheer

[www.LVAcheer.com](http://www.LVAcheer.com)





## Evaluations

For the 2022 – 2023 Competition Season, we are offering a Full Year Elite Program, Levels 1-6 with ages ranging from 5 – 18!

At tryouts, each cheerleader will demonstrate their standing tumbling, running tumbling and jumps. The teams will be chosen based on each athlete's performance at tryouts.

Everyone makes a team at LVA! No experience needed! Tryouts will determine which team each athlete will fit best on.

## Tryout Checklist

- Copy of Birth Certificate (New Members Only)
- Page 6-12 of the Season 8 Contract
  - Digitally or printed out

Practices will be announced via email after evaluations.

### \$50 Referral Credit

For each athlete you bring to LVA who participates for the season. Credit will be applied in December.

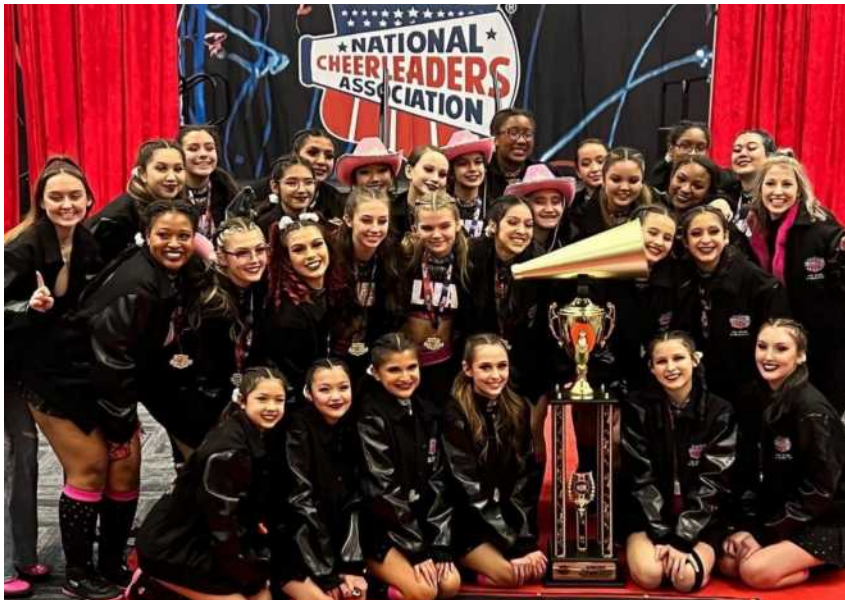
## PREP – NON TRAVELING

Saturday, June 4th

PLEASE WEAR A BLACK TOP & BLACK BOTTOMS

Time Slots will be available through our social media.

Please arrive with paperwork UNLESS it has been emailed ahead of time.



Practices/Tryouts do not determine final teams. Final Teams will be determined based on merit and up to the discretion of our coaching staff.



## Important Dates

### PROGRAM CLOSED

Independence Day: Monday, July 4, 2022

Labor Day: Monday, September 5, 2022

Halloween: Monday, October 31, 2022

Thanksgiving Break: Nov 23 - 25, 2022

Christmas Break: December 19, 2022 – January 2, 2023

### PROGRAM EVENTS

Choreography: Beginning of August 2022 in new building

Team Pictures: Late October 2022

\*Coaches may choose to have practices on these days.

Competition Schedule will be given out in the summer.



## Summer Vacations

We understand summer months have vacations involved, please let the coaches know ahead of time so arrangements can be made. Please plan any final vacations before August 1<sup>st</sup>, when choreography starts.



# Program Cost



## LVA OFFERS ALL INCLUSIVE PRICING

EVERYTHING INCLUDED FOR SEASON (EXCEPT SHOES)  
**NO ADDITIONAL FEES**

Monthly Payments are due on the 1<sup>st</sup> of every month and late by the 5<sup>th</sup>

### NEW PREP MEMBER

\$331/month FOR 9 MONTHS (June – Feb)

### RETURNER PREP MEMBER (has uniform)

\$292/month FOR 9 MONTHS (June – Feb)

**10% OFF WHEN PAYING IN FULL**

## NEW MEMBERS

### INCLUSIVE PRICING INCLUDES

Monthly Tuition – Team Practices

LVA/USASF Registration Fee

Team JERSEY

Uniform (Full Top, Shorts, Socks & Comp Bow)

1 Practice Set (Bra & Shorts)

Choreography/Music

Team Action Shot Picture Bundle

Comp/Coaches Fees

### INCLUSIVE PRICNG DOES NOT INCLUDE

Team Shoes

Warm Ups

Optional or Additional Classes or Items

### OPTIONAL ITEMS

Team Backpack \$150

## RETURNERS

### INCLUSIVE PRICING INCLUDES

Monthly Tuition – Team Practices

LVA/USASF Registration Fee

Team JERSEY

1 Practice Set (Bra & Shorts)

Choreography/Music

Team Action Shot Picture Bundle

Comp/Coaches Fees

### INCLUSIVE PRICNG DOES NOT INCLUDE

Team Shoes

Warm Ups

Optional or Additional Classes or Items

### OPTIONAL ITEMS

Team Backpack \$150

## DISCOUNTS

Sibling Discount: 25% off 2<sup>nd</sup> Child's Tuition – 50% off 3<sup>rd</sup> Child's Tuition

Pay In Full Discount: 10% off total amount (all cheer expenses and tuition)



COMMUNICATION

## Athlete/Parent Program Policies

Our main source of communicating team information will be via email and the private Facebook Page. All emails will come from [INFO@lvallstarcheer.com](mailto:INFO@lvallstarcheer.com)  
PLEASE ADD US TO YOUR CONTACT LIST.

### RULES & REGULATIONS

- Challenging the coach or person in charge, by a team member or parent will be automatic dismissal.
- Each team member must follow all rules given by coach or person in charge at all times.
- Bullying from a team member or a parent will not be tolerated and will be subject to dismissal.
- No unsupervised tumbling or stunting before, during or after practice on the premises.
- No smoking, vaping, drinking alcohol or drug use on the premises.
- Lying, stealing, foul language or any other negative form of behavior is grounds for dismissal.
- Team members need to adhere to dress code when coming to practice;
  - o Hair must be pulled back from face and tied up with a bow
  - o NO JEWELRY
  - o No bulky hair clips or headbands
- Do not bring NEGATIVITY to practice. Negative comments about our team, members, coaches or parents will not be tolerated and may be subject to suspension or dismissal.
- Each Cheerleader and Parent must realize the manner in which they conduct themselves while representing "LAS VEGAS ALL STARS," directly reflects on the entire squad and coaches.
  - While uniform or team colors are worn, you are representing Las Vegas All Stars, act appropriately.
  - Social Media posts also represent LVA, please post accordingly.

Please understand these rules are put in place for the safety of the athletes, and failure to adhere to them will lead to the athlete being dismissed until the violation is remedied to the coaches' satisfaction.

### PRACTICES

Please try your best to plan all personal events and extra-curricular activities outside of the practice schedule. Missing practice due to a conflicting practice or rehearsal for another commitment is unacceptable unless prior approval from the coach.

In any instance that practice must be missed, you must notify the coaching staff at least 7 days prior to missed practice by filling out an absence request form. This helps allow the coaching staff to place athletes on accurate teams and performance spots in a routine.

Absence Request forms are available at the gym and online under the "Forms" page at [www.LVAcheer.com](http://www.LVAcheer.com). The entire form must be turned in to the coach prior to missing practice.

NOTE: Parents, please try to refrain from keeping athletes from practice as a punishment as this only hurts the team as a whole. If an issue arises please communicate with the coach.

Competition season may become hectic which may lead to extended or additional practice times. This is to ensure all athletes are completely ready to perform. We ask that you try your hardest to work with us during these times as we are doing it to better the performance value.

Please keep in mind that missing any practice within TWO WEEKS of an upcoming competition will amount in a \$65 fine.

#### ACCEPTABLE examples to miss practice

Severe Illness  
Immediate Family Emergency  
Mandatory school function with prior approval from the coach

#### UNACCEPTABLE examples to miss practice

No ride  
Tired/Headache/bad day at school  
Too much homework  
Prior commitment (ex: hanging with friends, mall trips, etc.)

## COMPETITIONS

Attendance at all competitions is mandatory by all team members. If there is an EXTREME EMERGENCY that will cause your athlete to miss a competition, please let the coach know immediately so that necessary measures can be taken to re-arrange the routine and prepare the remaining athletes to compete.

Practice 2 weeks before a competition is MANDATORY. NO EXCUSES.

- o If a practice is missed within the 2 weeks before a competition without getting the coaches approval beforehand, a fine of \$65 will be charged to the athlete's account.

Competition fees are non-refundable.

- o Whether or not your child competes

Each child and parent is required to maintain good behavior and a level of respect towards all other teams.

- o Derogatory statements or negative behavior made toward the competition or another team will not be tolerated.
- o You may be asked to leave and subject to suspension or dismissal.

Missing a competition without prior approval will be grounds for dismissal.

Your child may be removed from a competition for any of the following reasons.

- o Attendance, Finances, Injury or Attitude

Members need to be appropriately dressed at all competitions (when they arrive and during award ceremony.)

- o Uniform Top/Bottom/Bow (warm ups worn or brought with)
- o NO stomach showing for ANY athletes. Stomach must be covered when not on the performance floor.
- o White "no show" socks
- o Competition Shoes
- o Hair and Makeup done according to coach's previous directions.
- o NO JEWELRY
- o NO COLORED NAIL POLISH (Acrylic Nails in team colors ONLY)

## SAFETY

- We will provide the safest environment possible for all children; however All Star Cheerleading is a contact sport. With that being said, neither we nor the gym are responsible for any injury that your child may receive while in our care.
- No unsupervised tumbling or stunting before, during or after practice on premises.
- No candy or gum allowed in gym at any time unless brought by the coaches as a reward for the team.
- Proper attire is mandatory.

## SCHOOL AND GRADES

We understand that school is important and we encourage it to be made a priority. Please manage your time accordingly and try to complete any homework assignments prior to any practice times.

Show your coach your STRAIGHT A report card and receive a FREE 30 minute private lesson!

## SOCIAL MEDIA

As mentioned previously, you are a representation of LAS VEGAS ALL STARS. Any ill intended posting or malice towards teammates, coaches, parents or other teams on any social media site will not be tolerated. Please be mindful that the public can see any and every social media posting.

Signature of Parent/Legal Guardian: \_\_\_\_\_ Date: \_\_\_\_\_

## Parent Expectations

- Challenging the coach or person in charge by a parent will be automatic dismissal.
- Negative Behavior will not be tolerated.
- To make sure your child is on time and ready for practice on designated practice times.
- Parents are to inform the coach if their child is going to be late or miss practice. Sometimes the children forget such important information as this.
- Parents are to fulfill any financial obligations ON TIME or risk expulsion from our team.
- Parents are to support their children and their children's goals.
- Parents are to hold children accountable for their actions. If there is an issue, encourage your child to talk to the coach, this only enforces and gives your child a sense of being heard and understood.
- Other arrangements need to be made if a parent cannot stay for the duration of the competition with another LVA Family.
- Support the rules and encourage your child to abide by them.
- Parents are to support our coaches. Our coaches have your child's best interest and safety in mind at all times.
- Parents are to stay off the practice mat at ALL TIMES. Unless otherwise stated by the Head coach.
- There will be NO outbursts by the parents tolerated whatsoever. Grounds for dismissal.
- If a parent or child decides to leave the team for any reason before the season is over (May 16, 2023) the parent is responsible for paying a buyout fee of \$500 and the remaining monthly tuition in full at time of departure.

ANY BREAKING OF THESE RULES IS GROUNDS FOR IMMEDIATE DISMISSAL OR SUSPENSION AT THE COACHES' DISCRETION.

## Athlete Expectations

- I will be on time to practice and dressed appropriately.
- I promise to give 100% at every practice.
- I will not say "I Can't".
- I will do my personal best to achieve all my goals.
  - o Continual failure to be productive at practice will result in disciplinary action which is subject but not limited to suspension or dismissal. (Talking back, lack of motivation, etc.)
- I am responsible for finding out any information I may have missed.
  - o My parent is not responsible for any assignments my coach gives me.
- I will maintain the highest example of behavior.
- I will respect each other's personal space.
- **BULLYING (physical or verbal) will not be tolerated.**
- I will come to class ready to work and ready to listen to my coaches.
- I am aware of the commitment I will be giving to join a competitive team.
- I am aware of the responsibilities I am taking on by joining a competitive team.
- I am willing to be cooperative and helpful to the coach or any person in charge at all times.
- I am willing to work hard and give 100% at all times.

ANY BREAKING OF THESE RULES IS GROUNDS FOR IMMEDIATE DISMISSAL OR SUSPENSION AT THE COACHES' DISCRETION.

Signature of Parent/Legal Guardian: \_\_\_\_\_ Date: \_\_\_\_\_



## Financial Agreement

This agreement is made and executed this \_\_\_\_\_ day of \_\_\_\_\_,  
20\_\_, between \_\_\_\_\_, (“Parent”), who is  
parent/guardian of \_\_\_\_\_, and Las Vegas Allstars, LLC.

1. Fees All payments are subject to the fee schedules listed below in 2.1 and 2.2. No athlete will be permitted to compete with an overdue balance. In addition, you will be assessed a \$25 late fee each month that your payment is made more than five (5) days after the due date. In addition, you will be assessed a \$65 late fee if your child misses practice within one week of a competition without prior approval by coach. In addition, you will be assessed a \$65 late fee if your child is late to “Coach Collect Time.”
2. Non Refundable. Any and all fees are not refundable once paid. By signing this contract, you have agreed to be fully responsible for all fees, including without limitation, tuition, competition, equipment, and clothing fees, regardless of whether your gymnast competes or not for any reason; including without limitation, injuries, suspension or dismissal, withdrawal from the team, and/ or dissatisfaction with services.
- 2.1 Competition Fees. Cheer Expenses/Competition Fees are \$292/month for Returning Athletes, and \$331/month for New Elite Athletes from June 5<sup>th</sup> 2022 until February 1<sup>st</sup>, 2023.
- 2.2 Services Included.
  - Holiday Break and Spring Break Workout Camps
  - Meet registrations/ Associated team fees/ Administrative costs
  - Equipment fees (basic)
  - Any fees associated with competition
  - In-house judges
  - Additional fees for staff when Coaches are out of town
  - Yearly USASF fees for gym and the coaches
  - Safety Certifications & Background Checks
  - Coaches wages
  - Coaches miscellaneous expenses (airfare, hotel accommodations, parking fees, etc.)
- 2.3 Services Not Included.
  - Team Shoes
  - Optional or Additional Classes or Items
  - Extra Camps or Clinics
  - Travel Expenses
  - OPTIONAL ITEMS (Team Backpack)
- 2.4 No guarantees about team placement. Team placement is to be determined by merit, and practice teams are not to be considered final.
- 2.5 Acknowledgement of Receipt of “Athlete/Parent Program Policies We acknowledge receipt of the Athlete/Parent Program Policies and agree to the policies set forth in said handbook for the gymnast and family. We agree to fulfill all the requirements and financial responsibilities set forth.

 Parent/Guardian Initial

- 2.6 Right to Cancel. The client may terminate this agreement at any time without cause, with notice to Las Vegas All Stars LLC. PLEASE BE ADVISED THAT ANY TERMINATION, REGARDLESS OF TIME, IS NOT SUBJECT TO ANY REFUNDS, INCLUDING WITHOUT LIMITATION, COMPETITION FEES, REGISTRATION FEES, AND EQUIPMENT. Las Vegas All Stars reserves the right to suspend or dismiss from the program entirely any athlete for a violation of the policies in Athlete/Parent Program Policies, or for any athletes with accounts overdue for greater than five (5) days. PLEASE BE ADVISED THAT YOU WILL NOT BE ELIGIBLE FOR A REFUND IF YOUR ATHLETE IS TERMINATED BASED ON A VIOLATION OF THE ATHLETE/PROGRAM PARENT POLICIES

Signature of Guardian: \_\_\_\_\_

Date: \_\_\_\_\_

## Credit Card Authorization Form

Credit Card Number: \_\_\_\_\_

Expiration Date on Card: \_\_\_\_\_

CVC Code on Back of Card: \_\_\_\_\_

Name on Credit Card: \_\_\_\_\_

Zip: \_\_\_\_\_

☐ Please charge my card listed above for all fees and tuition in full.

☐ Please charge my card listed above monthly and according to the payment schedule.

☐ In case of breach of contract, a \$500 buyout fee will be charged to my card upon leave.

Signature of person on card: \_\_\_\_\_

Parent/Legal Guardian of: \_\_\_\_\_

PRINT name of Parent/Legal Guardian: \_\_\_\_\_

Signature of Parent/Legal Guardian: \_\_\_\_\_

### TREATMENT / PUBLICITY / LIABILITY RELEASE

I authorize any licensed physician to render necessary emergency treatment for injury or serious illness when neither parent can be reached and will assume all financial responsibility for such treatment. I acknowledge that the above participant must have his/her own Medical Insurance. I understand that cheerleading camps, competitions, practices, clinics and gymnastics equipment have an inherent danger in participation and that in spite of all precautions and accident preventatives, injuries do occur. I further acknowledge that each participant has elected to participate in Las Vegas All Stars at their own risk and will not hold Las Vegas All Stars, employees and/or instructors liable for any and all injuries that may occur while participating in LVA Cheer.

The undersigned does hereby grant Las Vegas All Stars LLC and its successors, the unrestricted right to use the undersigned's name, likeness, or appearance on any Cheerleading or dance camp posters, calendars, photographs, try-out flyers, video material, film material, computer software, computer hardware, electronic online services, or other similar promotional material in any form, content or medium to promote or market Las Vegas All Stars LLC. The undersigned does hereby expressly release and waive any demand, action, claim, license, royalty, or other form of payment the undersigned, and his or her agents, representatives or assigns, may have based on claims of the undersigned as to rights of privacy, publicity, notoriety or any other rights arising out of or relating to any use by Las Vegas All Stars LLC. Of the undersigned's name, likeness or appearance.

Parent Signature: \_\_\_\_\_

Date: \_\_\_\_\_

**PLEASE COMPLETE**  
**THIS FORM**

# Tryout Application

## Age Grid for Season 10 2022-2023

DIVISION	OLDEST BIRTH YEAR	YOUNGEST YEAR
TINY NOVICE*	6/2019	2015
TINY	2017	2015
MINI	2017	2013
YOUTH	2017	2010
JUNIOR	2016	2006
SENIOR	2010	6/2003

\*TINY NOVICE HAS TO BE 3 YEARS OLD BY 6/1/2019

## Level Tumbling Requirements

Level	Standing Tumbling	Running Tumbling
Prep/Novice	No Tumbling Required	No Tumbling Required
Level 1	Bridge, Bridge Kickover, Back Walkover, Switch Kick	Roll, Front Walkover, Cartwheel, Roundoff
Level 2	Backhandspring, Backwalkover & Cartwheel Back handspring	Roundoff BHS, Front Walkover Roundoff BHS
Level 3	Backhandspring Series, Jump to BHS, Aerial, Punchfront	Roundoff Tuck, Specialty Pass ending in Back Tuck
Level 4	Standing Tuck, BHS Back Tuck, Jumps to BHS Back tuck	Roundoff Layout, Whips, Punch Front Step out
Level 5	Jump to Standing Tuck, BHS Series to Layout	Running Pass ending in a Full Twist

Coaching Staff has final say on where athletes will be placed

### ATHLETE INFORMATION

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Gender: Male Female DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_

Cell Phone #: \_\_\_\_\_

Email: \_\_\_\_\_

### PARENT/GUARDIAN INFORMATION

Parent/Guardian 1: \_\_\_\_\_

Cell Phone #: \_\_\_\_\_

Email: \_\_\_\_\_

Parent/Guardian 2: \_\_\_\_\_

Cell Phone #: \_\_\_\_\_

Email: \_\_\_\_\_

### MEDICAL INFORMATION

ANY PHYSICAL/PSYCHOLOGICAL LIMITATIONS, HEALTH CONDITIONS, INJURIES OR WEAKNESSES THAT MAY AFFECT THE ATHLETES PARTICIPATION OR PERFORMANCE

ALLERGIES: \_\_\_\_\_

INSURANCE CARRIER: \_\_\_\_\_

POLICY #: \_\_\_\_\_

EMERGENCY CONTACT: \_\_\_\_\_

RELATION: \_\_\_\_\_

EMERGENCY CONTACT: \_\_\_\_\_

RELATION: \_\_\_\_\_